

# CUPS AND TROPHY RULEBOOK



**RULES AND CONDITIONS OF CUPS,  
SHEILDS AND TROPHIES HELD BY  
SWIMMING MANAWATU**

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## **HODGES CUP**

*This cup is awarded to the junior girl who gains the most points over the Age Group Championships and the Open Championships.*

<i>Points to be</i>	<i>1st place</i>	<i>5 points</i>
	<i>2nd place</i>	<i>3 points</i>
	<i>3rd place</i>	<i>1 point</i>

## **RUSH CUP**

*This cup is awarded to the junior boy who gains the most points over the Age Group Championships and Open Championships.*

*A junior boy is one aged 15 years or under as at the first day of the first Championship event held.*

*It shall be competed for annually.*

*It may never be won outright.*

<i>Points to be</i>	<i>1st place</i>	<i>5 points</i>
	<i>2nd place</i>	<i>3 points</i>
	<i>3rd place</i>	<i>1 point</i>

*The Trophy may only be won by a swimmer who is a registered competitive member of a club affiliated to Swimming Manawatu*

*The trophy shall remain the property of Swimming Manawatu Inc.*

*Alterations to these Rules may be made by the Administrative body of Swimming Manawatu Incorporated*

## **LEVIN CUP**

*4 X 100 yds or 100 metres Flying Squadron*

*The Club holding the cup has the privilege of holding the Event the following year. In the event of the Club not holding a carnival, the Region has the power to allocate the Event.*

<i>Points to be</i>	<i>1st Place</i>	<i>3 points</i>
	<i>2nd Place</i>	<i>2 points</i>
	<i>3rd Place</i>	<i>1 point</i>

## **MONK CUP**

*Open Relay - 1 team per club - 4 x 1 length or 4 x 2 lengths less than 332 yds.*

*The cup shall be swum for at any carnival provided the club holding the carnival desires the event. The cup shall be won on a points basis:*

<i>1st Place</i>	<i>3 points</i>
<i>2nd Place</i>	<i>2 points</i>
<i>3rd Place</i>	<i>1 point</i>

*The winner of the cup for the season shall be the club gaining the most points after the last carnival of the season. To be presented to the winning club at that carnival.*

## **FOXTON CUP**

*Girls Under 14 years 5 x 1 length*

*Boys Under 14 years 5 x 1 length*

<i>Points</i>	<i>1st Place</i>	<i>5 points</i>
	<i>2nd Place</i>	<i>3 points</i>
	<i>3rd Place</i>	<i>1 point</i>

*(Where pools are less than 332 yds the distance shall be two lengths)*

*May be swum at any carnival in the Region.*

## **HARKESS CUP - Premier Club**

<i>Points to be</i>	<i>1st Place</i>	<i>5 points</i>
	<i>2nd Place</i>	<i>3 points</i>
	<i>3rd Place</i>	<i>1 point</i>

*Points gained in recognised Manawatu Championship events for swimming and diving only to count. Excluding Foxton Cups and similar events.*

## **STUBBS CUP - Diving**

*Competed for at all carnivals at which diving is included on the programme.*

<i>Points to be</i>	<i>1st Place</i>	<i>5 points</i>
	<i>2nd Place</i>	<i>3 points</i>
	<i>3rd Place</i>	<i>1 point</i>

*The winner is declared at the end of the season and is the diver who gains most points from all diving contests throughout the season. including Manawatu Championship and excluding Inter-Region Fixtures.*

*All events must be conducted under the control of the Manawatu Region Diving Panel.*

## **SWIMMER OF THE YEAR AWARD**

*(The trophy presented by Mr J G Hogan)*

*The swimmer of the year will be chosen by the Management Committee and shall be awarded to the swimmer who, in their opinion, has performed:*

- (a) the most outstanding swimming performance(s) for the season, and/or*
- (b) conducted himself/herself in the best interest of sportsmanship, and /or*
- (c) assisted where possible with Club, and/or Region training, coaching and teaching and/or*
- (d) the potential to render further service to the sport of swimming.*

*The trophy cannot be won outright, but shall remain the property of the Region. The Management Committee shall announce the award in April of each year.*

## **JUNIOR SWIMMER OF THE YEAR AWARD**

(The trophy presented by Mr G and Mrs L Bilton)

*The swimmer of the year will be chosen by the Management Committee and shall be awarded to the swimmer who, in their opinion, has performed:*

- (a) the most outstanding swimming performance(s) for the season, and/or*
- (b) conducted himself/herself in the best interest of sportsmanship, and /or*
- (c) assisted where possible with Club, and/or Region training, coaching and teaching and/or*
- (d) the potential to render further service to the sport of swimming*

*The swimmer must be thirteen years of age or younger at the time the award is made.*

*The trophy cannot be won outright, but shall remain the property of the Region. The Management Committee shall announce the award in April of each year.*

## **RULES OF THE MANAWATU PENTATHLON TROPHY**

- 1. The trophy shall be known as the Manawatu pentathlon Trophy.*
- 2. The trophy shall always remain the property of Swimming Manawatu and as such can never be won outright.*
- 3. The trophy shall be won at an annual competition, completed in one session of swimming and promoted as a Manawatu Region fixture not earlier than the 1st day of February each year.*
- 4. The trophy shall be held by the winner until the 14th day of January of the following year, upon which date the trophy shall be returned to the Administrator of Swimming Manawatu.*
- 5. The trophy shall be presented on the day of the competition. The winner shall also receive a miniature plaque which can be retained by him/her.*
- 6. The trophy shall be completed for over the following events:*
  - (a) 400 metres freestyle*
  - (b) 400 metres breaststroke*
  - (c) 400 metres backstroke*
  - (d) 200 metres butterfly*
  - (e) 200 metres medley (4 stroke)*

*(Note: After the first year the order of these 5 events will alter each succeeding year and the events swum first the previous year will become the last event in the current year).*

7. *The trophy shall be completed for under the following regulations:*

*(a) All events to be scratch races, starting at half hour intervals.*

*(b) In the event of heats being required, lanes and heats shall be allocated by ballot and the times for each competitor recorded for points allocation. There will be no finals.*

*(c) Points will be allocated as follows:*

*Each event will have a maximum of 5,000 points based on a time which at the time of swimming is faster than the New Zealand record - actual or estimated. For each one tenth second swum slower than the basic time, one point will be deducted. The basic times for women will of course be slower than the times for men.*

*(d) Competitors must complete in all five events.*

*(e) Competition is open to all registered swimmers within the rules of the New Zealand Swimming Federation.*

*(f) Competitors will pay a fee, such fee payable with the nomination. This fee may be altered from time to time as seen fit by the Management Committee of Swimming Manawatu.*

*(g) The referee shall verify the points allocation prior to the announcement of the winner of the trophy.*

*(h) A Jury of Appeal shall consist of the Centre President, the Officiating Referee and the Regional Administrator..*

*(i) The competition shall be carried in fifty metre pools in the Manawatu Regional territory only.*

*(j) The events will be swum in the order laid down in Rule 6 but shall rotate so that any one event shall not be swum first more than one year in every five.*

*(k) Timing of events will be 30 minutes from the start of the first event to start of second event and so on until completion of the programme. The Referee shall be responsible for the correct timing being maintained between events.*

*(l) After the second year of competition any competitor who established a new record in any event shall receive a bonus of 200 points per record added to his final aggregation of points. (Records shall be established for each individual event in Pentathlon).*

*(m) All swimming will be held under the Rules of Swimming New Zealand.*

## **50 METRE TROPHIES**

*The trophies for the 50 metre Men and 50 metre Ladies events shall be competed for during the programme of the Manawatu Championships. To be held by Manawatu swimmers only.*

## **NORM STILL RELAY CHAMPIONSHIP**

*The Norm Still Sheild Shall be presented to the club earning the most points in designated relay events as determined by Swimming Manawatu Incorporated.*

*Points shall be awarded to clubs as follows.*

- 7 points for 1st*
- 6 points for 2nd*
- 5 points for 3<sup>rd</sup>*
- 4 points for 4<sup>th</sup>*
- 3 points for 5<sup>th</sup>*
- 2 points for 6<sup>th</sup>*
- 1 point for 7th*

*Names of relay team members to be in the hands of the Swimming Manawatu Race Secretary prior to the start of the session in which the event is being swum. All Swimmers shall be registered as competitive members of Swimming Manawatu Incorporated.*

*Clubs may enter more than one team in each of the relay events but only one nominated team shall receive points.*

*The Norm Still Relay Sheild may only be won by a club affiliated to Swimming Manawatu Inc.*

## **KEITH OLIVER CUPS**

*To be awarded to the Boys 9 years and Girls 9 years Championship at Manawatu Age Group Championships.*

*Points to be awarded for 50m Freestyle, Breaststroke, Backstroke and Butterfly as follows:*

- |            |                 |
|------------|-----------------|
| <i>1st</i> | <i>5 points</i> |
| <i>2nd</i> | <i>3 points</i> |
| <i>3rd</i> | <i>1 point</i>  |

## **CLOUGH AND ROLLE 8 YEARS AND UNDER CUPS**

*To be awarded to winner of the Boys 8 years and Girls 8 years Championship at Manawatu Age Group Championships.*

*Points to be awarded for 50m Freestyle, Breaststroke, Backstroke and Butterfly as follows:*

<i>1st</i>	<i>5 points</i>
<i>2nd</i>	<i>3 points</i>
<i>3rd</i>	<i>1 point</i>

## **JUNIOR PENTATHLON - SUE NEWTH MEMORIAL TROPHY**

- 1. The aim of this event is to encourage younger swimmers to take part in a wide variety of swimming competition and to foster in the Pentathlon type of event.*
- 2. The event shall be held annually and is to be known as the "Sue Newth Memorial Trophy". The winner shall retain the Trophy for the ensuing year. It cannot be won outright.*
- 3. The Trophy shall be presented on the day of competition. The winner shall receive a miniature, which shall be retained by him/her.*
- 4. These rules shall be read in conjunction with the rules of SNZ.*
- 5. Competition shall be, were practical, held separately for boys and girls in age groups 8 and under, 9 years, 10 years, 11 years and 12 years. Age as at the day of the event.*

*The events shall consist of the following:*

*8yrs / under*            *50m freestyle*  
*50m breaststroke*  
*50m backstroke*  
*50m butterfly*  
*100 m medley*

*9,10, 11, 12 years*   *100m freestyle*  
*100m breaststroke*  
*100m backstroke*  
*50m butterfly*  
*100m medleys*

*These events to be swum on a rota with a five year cycle so each stroke is fairly presented to the competitor.*

- 7. The Standard Time shall be the current Manawatu Age Group Short Course records as at 31 March for Boys 8 years, 9 years, 10 years, 11 years, 12 years and girls 8 year, 9 years, 10 years, 11 years, 12 years in each stroke as published in the current Swimming Manawatu Annual Report.*
- 8. Each of the five cycles to be commenced with a minimum rest period of 20 minutes from the commencement of the previous cycle. All events to be scratch races.*

9. *Swimming Manawatu shall have the right to combine boys and girls of the same age groupings in any one stroke to obtain the best competition.*
10. *The points scoring system shall be as follows:*  
  
*Each swimmer will start with a total of 5000 points per event. Points will be subtracted at the rate of 1 point for each 0.1 second slower than the standard time. No points shall be added or subtracted if the recorded time is equal to or less than the standard time.*
11. *Swimming Manawatu shall have the right to restrict entries if required.*
12. *Key officials will be appointed by Swimming Manawatu.*
13. *Competitors shall pay an entry fee, as shown on the Meet Flyer.*
14. *A jury of Appeal will be appointed by Swimming Manawatu.*
15. *Competition is open to all registered Manawatu swimmers and shall be swum in a 25 metre indoor pool.*
16. *Competitors must compete in all 5 events.*
17. *The referee shall be responsible for the correct timing being maintained between the events.*
18. *Any competitor who breaks a Sue Newth record shall receive a bonus of 200 points. These records shall be made available at the time when the Trophy is being competed for.*
19. *The Referee shall verify the point's allocation prior to the announcement of the winner of the Trophy.*

## **PAYNE - VAN DE WAARDT TROPHY**

*(Trophy donated by Mrs L van de Waardt and Daughters)*

*Trophy to be won by the Club earning the most points over the Winter League. The formula for the awarding of points shall be at the discretion of the Management Committee.*

## **LOCHORE SHIELD**

*(Shield donated by Mrs V Lochore)*

*Shield to be won by the Club earning the most points from all relays races run through the Winter League series.*

*Points shall be allocated as follows:*

<i>1st</i>	<i>5 points</i>
<i>2nd</i>	<i>3 points</i>
<i>3rd</i>	<i>1 point</i>

## **PAUL KENT MEMORIAL CUP**

*Open 200m Medley Relay event.*

*1 Team per Club.*

*Ponts to be earned over the calendar swimming year  
- 1<sup>st</sup> – 3 points; 2<sup>nd</sup> – 2 points; 3<sup>rd</sup> – 1 point.*

*The cup remains the property of Swimming Manawatu Incorporated.*

*Any Club wishing to hold the event may do so.*

*Should more than 1 team be tied for first place, the cup shall be awarded to the fastest team on the day.*

*Swimming Manawatu to consult Levin Swimming Club prior to changing any of the Cup Rules.*

## POINTS TABLE FOR INTER REGION FIXTURES

### Triangular Swim - Life Members Trophy

*Manawatu, Wanganui, Taranaki*

1st	5 points
2nd	3 points
3rd	1 point

### Johnson Shield

*Manawatu, Wanganui*

1st	5 points
2nd	3 points
3rd	1 point

### Miles Cup

*Manawatu, Wellington, Wairarapa*

<i>Swimming</i>	1st	6 points
	2nd	5 points
	3rd	4 points
	4th	3 points
	5th	2 points
	6th	1 point

<i>Diving and Relays</i>	1st	6 points
	2nd	4 points
	3rd	2 points

### Monk Cup & Inter Region Cup

*Manawatu, Hawkes Bay/Poverty Bay, Wanganui*

1st	5 points
2nd	3 points
3rd	1 point

### Fairbrother Cup

*Manawatu, Wairarapa, Wellington*

1st	6 points
2nd	5 points
3rd	4 points
4th	3 points
5th	2 points
6th	1 point

### MANAWATU LONG DISTANCE CUPS

<i>Wes Hayward Trophy</i>	<i>1st Lady</i>
<i>Uncle Jack Trophy</i>	<i>1st Man</i>
<i>Bob Jenkinson Cup</i>	<i>Fastest Man</i>
<i>Maxine Harkness Cup</i>	<i>Fastest Lady</i>

